



In today's email you'll find:

- No tricks, just treatments: our fall favorites
 - World Psoriasis Day: let's talk about it
- Scary skincare habits we want you to stop
- + **our October specials!**

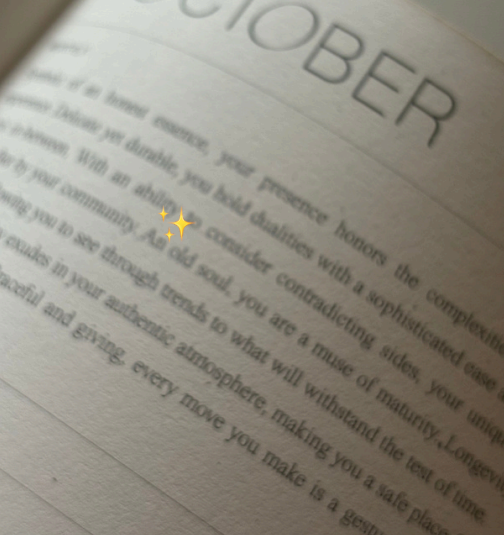
October is here, and fall treatment season is officially in full swing. 🍂

Cooler weather, less time in the sun, and the holidays getting closer make this one of our favorite times of year in the clinic.

It's the perfect month to bring back treatments you may have paused during summer, take a closer look at your skincare routine, and start planning ahead if you have holiday parties, family photos, travel, or events coming up.

And because it's October, we're having a little fun with it too. 🍷

Here's what we're talking about this month:



Our Fall Favorites

the treatments we've been waiting all summer for

Fall opens the door to some of our favorite treatments, especially services that require you to be more mindful of sun exposure.

✨ On our fall treatment list:

- **Laser treatments** to target pigmentation, sun damage, texture, and other skin concerns
- **Chemical peels** to refresh dull skin and improve tone + texture
- **Microneedling** to support collagen and smooth the appearance of the skin
- **Injectables** to refresh your look before the holiday season

And yes, we're already thinking about the holidays! If you have family photos, parties, travel, or a big event coming up, tell us your date now.

Some treatments need multiple sessions or time for results to fully develop, so planning ahead makes all the difference.

World Psoriasis Day

it's more than just dry skin

October 29 is **World Psoriasis Day**, a great reminder to bring awareness to this chronic immune-mediated condition.

Psoriasis can cause inflamed, scaly, itchy, or uncomfortable patches and may affect areas like the scalp, elbows, knees, and nails. While there's no one-size-fits-all approach, the right care can help manage symptoms and support healthier skin.

✨ A few psoriasis-friendly reminders:

- **Keep skin moisturized** to help combat dryness and support the skin barrier
- **Avoid picking** or scratching irritated areas, which can make symptoms worse
- **Pay attention to triggers** since stress, illness, weather changes, and other factors may contribute to flares
- **Skip harsh skincare** and choose gentle products when skin is feeling sensitive
- **Talk to a medical provider** if you're experiencing persistent scaling, redness, itching, or discomfort

You don't have to simply "deal with" stubborn skin changes. Getting the right diagnosis is the first step toward finding a treatment plan that works for you.

→ Have questions about your skin? Let's talk.

Scary Skin Habits to Stop

these are giving us more of a fright than Halloween

We all have skincare habits we could be a little better about, but these are a few we'd love to leave behind this fall:

1. sleeping in your makeup

your skin deserves a
clean slate before bed

+

2. picking at breakouts

it can increase inflammation and
leave behind pigmentation or scarring

+

3. forgetting your chest + neck

your skincare shouldn't
stop at your jawline

Consider this your friendly reminder to break those scary skincare habits. 😊

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October Specials:

A little treat, no tricks

THIS MONTH'S SPECIALS:

Fall Laser Special —PICO Treatment \$280 (Save \$20)

And Get a VI PEEL for 50% off!!! (reg price \$200)

Fall is laser season! Target sun damage, pigmentation, uneven tone, and texture with one of our favorite treatments for cooler months.

Microneedling Series of 3 — \$459(Save \$81) ** for sterile hyaluronic acid treatment only

Commit to a series of three treatments to boost collagen and improve the look of texture, pores, fine lines, and overall skin tone.

Holiday Injectable Special Lippies! – \$400 (Save \$50)

Applies to Evolysse Smooth-only

Get ahead of the holiday rush with an injectable treatment designed to refresh your look before upcoming parties, photos, and events.

Available for a limited time in October, offers good until Oct 29th 🍁

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Fall Looks Good on You 🍂

October is the perfect time to give your skin a little extra attention and start thinking ahead to the busy months coming up.

Whether you've been waiting all summer to start laser treatments, want to refresh your skincare routine, or already have holiday events on your calendar, we're here to help you create a plan that makes sense for you.

The end of the year tends to get busy quickly, so don't wait until the week before your event to think about your treatments.

Let's get your fall glow on the calendar. ✨



We can't wait to
see you at Renatus
Aesthetics soon!

If you have any questions or
would like to schedule an
appointment, please don't
hesitate to reach out!!

Text or call: 732-419-7576

OR

Visit our Website at
www.renatusmedspa.com



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If you have any questions, please reach out.

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